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Comparative assessment of commercial activated carbon and fish scale derived activated carbon for adsorptive removal of fluoride from drinking water

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Excessive fluoride concentration above WHO (2011) standard (> 1.5 mg/L) is observed worldwide in groundwater. Considering its serious concern a laboratory based investigation was undertaken to find the fluoride elimination potential by the Commercial Activated Carbon (CAC) and indigenously developed Fish Scale Activated Carbon (FSAC) from water solution. Batch sorption studies were carried out to observe some important process parameters such as adsorbent dose, contact time, pH etc. on removal kinetics. At pH 2, CAC could remove upto 75% of fluoride wheras FSAC could remove up to 92.68% of fluoride at pH 6. The percent removal of fluoride enhanced with the increase in sorbent mass. The equilibration state was found to be achieved within 2 and 3 h for CAC and FSAC respectively. Both CAC and FSAC exhibit reasonably well fluoride uptake capacity for initial fluoride level of 7 and 5 mg/L respectively. The equilibrium data fitted well into Freundlich as well as Langmuir isotherms models. The experimental investigations suggest that both Commercially Available Activated Carbon (CAC) and Fish Scale Derived Activated Carbon (FSAC) can be adopted as adsorbent for defluridation purpose in the treatment of drinking water. Fish scale derived activated carbon (FSAC) showed more fluoride uptake capacity than commercially available activated carbon (CAC).

Keywords: Adsorption, fluoride, commercial and fish scale carbon, removal kinetics.

Introduction

Water is elixir of all forms of life. Presence of undesirable element in excess in water makes the water unfit for consumptive use. Fluoride is one such kind of pollutant of concern. Excessive fluoride concentration above WHO standard (i.e. > 1.5 mg/L) is observed in groundwater throughout the globe. Prolonged consumption of water with excess fluoride (> 1.5 mg/L) is responsible for fluorosis in human beings. Prolonged exposure of fluoride through drinking water is being contributed to a serious health hazard of dental and skeletal fluorosis. The fluorine-containing rocks are main natural geological sources of elevated fluoride levels in groundwater. Besides this, anthropogenic sources like discharges from aluminium smelters, ceramic production units, and coal fired power stations, electroplating processes, fertilizer manufacturing industries, glass manufacturing and processing industries, and semiconductor manufacturing industries are contributing to fluoride contamination of water environment¹. Numerous endeavours are attempted earlier to establish a sustainable engineering method of fluoride removal under different constraints in developing countries. A surge of conventional engineering methods are used and practiced for defluoridation of water with various physico-chemical unit operation². Membrane filtration techniques are broadly comprised of electro-dialysis, nano-filtration and reverse osmosis³. The challenges in adopting most of these methods are their limited fluoride removal capacities, high operational and maintenance cost, post-treatment alterations of water quality, generation of toxic sludge and its disposal into the environment⁴.

Among these techniques of defloration, adsorption method is most favoured method due to its ease of operation, greater accessibility to variety of adsorbents, lower cost of treatment. In water purification and industrial wastewater treatment, activated carbons are widely used an important and efficient commercial adsorbents⁵. In recent years, many defluoridation studies have foucused on preparion and use of carbons derived from naturally available materials. The Khandare et al.: Comparative assessment of commercial activated carbon and fish scale derived activated carbon etc.

CAC is very costly and in developing countries like India the cost of treatment limits its at large scale application⁶. Therefore the researchers are prompted to develop indigenous low-cost adsorbents for defluoridation of water.

Plenty of carbons derived from naturally available materials such as rice husk^{7,8}, coffee husk^{9,10}, bone char^{12,13}, coconut shell carbon¹⁴, sweet lime waste activated carbon¹⁵ have been prepared to use for deflouridation purposes. The present study provides comparative assessment of fluoride removal capacities of Commercial Available Activated Carbon (CAC) and a natural biomaterial-Fish Scale Derived Activated carbon (FSAC) under batch adsorption mode.

Materials and methods

Fluoride sample solution:

All reagents used in the present study were of analytical grade. The stock fluoride sample was prepared dissolving 1.10 g sodium fluoride in 500 mL deionized water. Fluoride solutions of different strength have been made by diluting stock solution with predetermined dilution factor.

Apparatus and instruments:

Various apparatus and equipments such as Digital weighing balance, Muffle furnace, ceramic crucibles, grinding materials (mortar and pestle), filter paper (Whatman number 42), Tarson plastic beakers and bottles (different capacity), Thermo Scientific Orion Fluoride Ion Selective Electrode (Orion Star™ A214 pH/ISE Bench top Meter). One reciprocating type mechanical shaker were employed for conducting the batch adsorption study. To evade possible chemical reaction between fluoride and borosilicate plastic beakers and bottles were used for all laboratary works.

Adsorbent preparation:

Commercially available activated carbon (CAC) (GR grade, E. Merck) was used in powdered form without any modification. The fish scale derived carbon was prepared following the procedure as mentioned in Khandare and Mukherjee¹⁵. Both the adsorbents were stored in an air-tight container.

Batch experiments:

Batch adsorption study was conducted with a view to explore the capacity of fluoride adsorption by both CAC and FSAC. Effect of adsorbent dose, agitation speed, contact time, initial fluoride concentration and pH was observed with 50 ml of test solution in 100 ml plastic bottles at room temperature. A reciprocating type mechanical shaker was used for this purpose. Standard pH buffer solution was used to maintain constant desired pH level. For optimizing the process parameter, one specific influencing parameter was varied keeping other variables constant. The plastic bottles containing synthetic fluoride sample were agitated with mechanical shaker at constatnt speed of 150 rpm. At regular interval of time the samples were collected till the equilibrium was achieved. The collected samples were analyzed to measure residual fluoride concentartion. The percent removal of fluoride was calculated using eq. (1).

% Removal =
$$\frac{(C_{\rm i} - C_{\rm e})}{C_{\rm i}}$$
 ×100 (1)

where, $C_{\rm i}$ and $C_{\rm e}$ are initial and equilibrium fluoride concentration of sample in mg/L .

Adsorption isotherms:

An adsorption isotherm reveals insight into the interaction between pollutant and adsorbent. The batch experimental data obtained have been tested by fitting in both Freundlich and Langmuir isotherms. These widely applied isotherms are empirical models in wich former one postulates on adsorption takes place on heterogenous surface whereas Langmuir isotherm model is based on a monolayer adsorption on homogeneous surface (Ibrahim, *et al.*¹⁴). The linearised form of Freundlich and Langmuir isotherms are shown in eqs. (2) and (3) respectively.

$$\log q_{\rm e} = \log k_{\rm f} + \frac{1}{n} \log C_{\rm e} \tag{2}$$

$$\frac{C_{\rm e}}{q_{\rm e}} = \frac{1}{q_{\rm m}} C_{\rm e} + \frac{1}{K_1 q_{\rm m}}$$
(3)

In the above expression, C_e is the concentration of solute at equilibration time, k_f , n are Freundlich constants related to the adsorption capacity and effectiveness, q_e is the amount of fluoride adsorbed per unit mass of adsorbent (mg/g), q_m and k_1 are the Langmuir constants related to maximum adsorption capacity (mg/g) and energy of adsorption (g/L), respectively.

 $R_{\rm L}$ is an seperation factor associated with significance of adsorption attributing type of isotherm which defined in eq. (4),

$$R_{\rm L} = \frac{1}{1 + k_1 \, C_{\rm e}} \tag{4}$$

where, C_{e} (mg/L) is the initial sorbate concentration and k_{1} is Langmuir constants in (g/L).

Adsorption kinetics:

Rate kinetics study and evaluating order of reaction plays an important role for explaining the mechanism and efficacy of fluoride sorption on adsorbents¹⁶. The pseudo first and second order models have been tested to examine the adsorption kinetics of fluoride onto the surface of CAC and FSAC. The above models as proposed by Lagergren later given by order in following form by Ho and McKay¹⁷ as eqs. (5) and (6) respectively.

$$\log (q_{\rm e} - q_{\rm t}) = \log q_{\rm e} - \frac{k_1}{2.303} t$$
 (5)

$$\frac{t}{q_{\rm t}} = \frac{1}{k_2 q_{\rm e}^2} + \frac{1}{q_{\rm e}}$$
(6)

where, q_e and q_t represents the amounts of fluoride adsorbed (mg/L) on surface of adsorbent at equilibrium and at any time t (min), respectively. The k_1 , k_2 are constants related to pseudo first and second order rate kinetics respectively.

Results and discussion

Influence of adsorbent mass:

The effect of adsorbent amount on fluoride removal efficiency was explored with variable amount of adsorbent dose in the range of 2–12 gm/L. During batch experiments, it was observed that as the amount of adsorbent is increased, percentage removal enhanced and ceases as it reached towards state of equilibrium. At higher dose availability of sorption sites are more^{18–20}. Fig. 1 exhibits the influence of adsorbent dose versus percentage of fluoride removal. Maximum removal was found to be 83% at 14 g/L and 91.4% at 10 g/L for CAC and FSAC respectively.

Influence of contact time:

Fig. 2 demontrates adsorption of fluoride on CAC and



Fig. 1. Percent removal versus adsorbent dose.

FSAC increases with contact time and gradually reaches to equilibrium after 120 min for CAC and 180 min for FSAC. Maximum removal achieved was about 84.3% at 120 min for CAC and 92.80% at 180 min for FSAC with adsorbent dose of 10 g/L for an initial fluoride concentration 5 mg/L. Similar trend of results are reported in publication of Alkurdi¹² and Araga¹³.



Fig. 2. Percent removal versus contact time.

Influence of pH:

Fig. 3 shows efficiency of percentage removal of fluoride found to be descended with elevated level of initial pH. This is occurred due to the fact that at higher pH, the anions are absorbed less than at a low pH due presence of H⁺ ions. At higher pH, the fluoride adsorption decreases because of competition with OH⁻ ions^{21,22}. In the present study, maximum removal was obtained as at 84.2 at pH 2 and 90.4% at pH 6 for CAC and FSAC respectively.

Influence of initial fluoride concentration:

The effect of initial concentartion on fluoride removal has been studied with varied fluoride ion concentration from 2–



Fig. 3. Influence of pH on removal efficiency.

15 mg/L. Experimental data were plotted in Fig. 4, where it is evident that the percent removal of fluoride decreases with increase in intial fluoride ion concentartion of water. The maximum fluoride removal was observed to be 82 and 92.6% for CAC and FSAC at corresponding to initial concentration of 7 mg/L and 5 mg/L respectively.



Fig. 4. Plot of initial fluoride concentration versus removal efficiency.

Influence of agitation speed:

The speed of agitation in the mixture greatly influences the efficiency of fluoride removal by the said adsorbents as evidenced during the study. Mixing provides more chances and contact with the increase in the speed of agitation, which facilitates more entrapment of solute within the adsorbent surfaces^{19,23,24}. The Fig. 5 shows the plots of experimental data regarding the effect of agitation speed on fluoride removal percentage. In present experimental investigation it is found that the maximum fluoride removal was achieved at 120 and 150 rpm speed of stirring for CAC and FSAC respectively.

Isotherms study:

Isotherm data were plotted in both models as stated in



Fig. 5. Effect of agitation speed.

Adsorption isotherms Section, to examine the type of sorption proceess and its validity. The Fig. 6(a) and (b) shows the plot of Freundlich isotherm whereas Fig. 7(a) and (b) shows plot of Langmuir isotherm for CAC and FSAC. The experimental data with different adsorbent dosages was utilized to determine isotherm constants. The Table 1 summerises the isotherm parameters studied for CAC and FSAC. It is observed that the adsorption of fluoride CAC and FSAC follows the Freundlich isotherm model with the R^2 values of 0.979 and 0.994 respectively. For CAC and FSAC, the adsorption intensity 1/*n* was found to be < 1 indicating favourable adsorption of fluoride.

Adsorption kinetics:

The kinetic reaction order model described by Ho and



Fig. 6(a). Freundlich isotherm CAC.



Fig. 6(b). Freundlich isotherm FSAC.

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Fig. 7(a). Langmuir isotherm CAC.



Fig. 7(b). Langmuir isotherm FSAC.

Table 1. Adsorption Isotherm parameters CAC and FSAC

CAC

0.979

0.743

1.46

0.822

1.26

3.35

0.23

Constants

 R^2

1/n

K_f

 R^2

 q_{\max} K_1

R

second order kinetic model indicating the removal of fluoride with of CAC and FSAC is favoured by physisorption.

Comparative results on fluoride removal capacity of CAC and FSAC with low-cost-adsorbents

The commercial usages and application for removal of fluoride from water environment largely depends on the uptake capacity and economic aspect of the adsorbent preparation. Uptake capacities of few efficient low cost adsorbents prepared by different scientists earlier for fluoride from water are listed below along with FSAC and CAC (Table 3) FSAC has been found better fluoride removal capacity as compared to CAC and previously used adsorbents given in the table below.

Table 3. Fluoride removal capacity of various adsorbents					
Adsorbent	q_{\max} (mg/g)	Ref.			
Activated carbon from Dolichos lab lab	0.233	6			
Used tea leaves	0.253	25			
Eggshell	1.09	24			
Activated alumina (Grade OA-25)	1.45	26			
Hydrous bismuth oxides	0.196	27			
Zirconium impregnated ground					
nut shell (ZIGNSC) carbon	1.26	28			
Moringa indica based activated carbon	0.23	29			
Commercial avilable activated carbon	1.02	Present study			
Fish scale derived activated carbon	1.93	Present study			

Table 2. Kinetic parameters of CAC and FSAC for fluoride adsorption								
Adsorbent	Pseudo-first order model			Pseudo-second order model				
	Calculated q_{e} (mg/g)	К ₁ (1/min)	R^2	Calculated q _e (mg/g)	K ₁ (g/mg min)	R ²		
CAC	0.98	0.099	0.936	1.16	0.0027	0.896		
FSAC	2.01	0.021	0.964	1.53	0.0041	0.771		

FSAC

0.994

0.763

1.87

0.837

0.68

3.57

0.324

McKay¹⁷ were applied in the present study to examine the rate kinetics for fluoride removal by CAC and FSAC. The batch experimental data was tested for fitting different model equation to determine order of reaction. The pseudo-first order showed reasonably fitted R^2 value 0.936, 0.964 for CAC and FSAC respectively. The results are shown in tabular form in Table 2. It is observed that the correlation coefficient (R^2) of pseudo-first order kinetic model was better than pseudo-

Conclusion

The experimental data obtained in this study clearlly suggest that both CAC and FSAC have potential to remove fluoride from water environment. The fluoride removal is largly dependent on pH, adsorbent dose, intial conecentarion of fluoride and contact time. The adsorption capacity of FSAC was found to be higher (1.93 mg/g) as compared to CAC (1.02 mg/g). The equilibrium isothermal models Langmuir

Isotherm model

Freundlich model

Langmuir model

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and Freundlich were established and the regression coefficient R^2 showed that experimental data fits well into the Freundlich isotherm model. The sorption kinetic data suggest that fluoride removal is mainly due to physiosorption taking place onto the surface of adsorbents. The use of CAC and commercially adsorbents for fluoride removal can be replaced by effective low cost adsorbents like FSAC.

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